

# HOMELESSNESS IN OUR REGION

## 2021 - 2022



**3,538** households were homeless or at risk of homelessness



**29%** sought help for homelessness because of domestic & family violence



**32%** said mental health was a reason for being homeless  
**53%** had experienced recent mental health difficulties



**16%** households are First Nations households

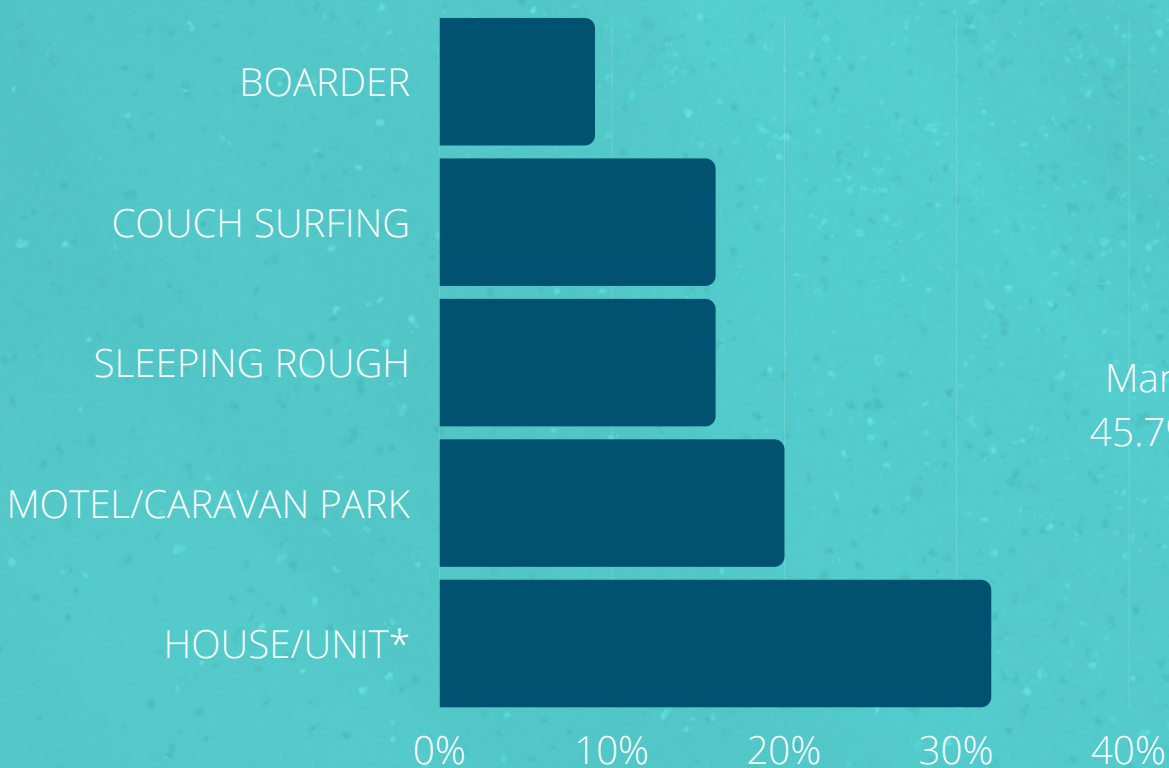


**1 in 4** were young people aged 12-24



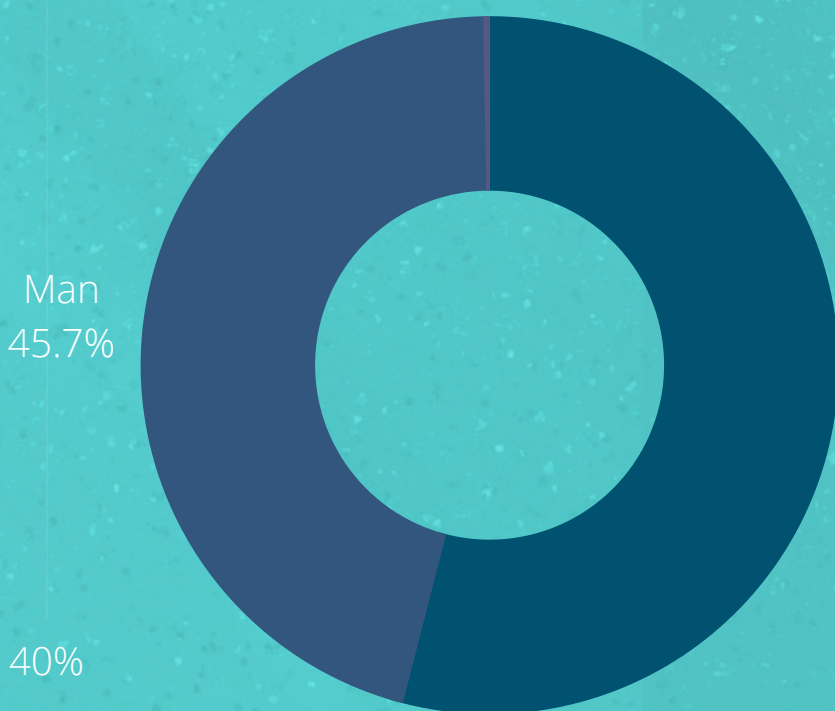
**47%** were single people  
**32%** were families with children

Where were they staying?



Gender

Non-binary/Self Describe/Not specified  
0.3%



Top 3 Reasons for support

